



Items to Bring During Daily Tennis Program

1. Sun block

It is advisable for Juniors to apply sunscreen before arrival and to retain it for reapplication before the afternoon session.

2. Proper Tennis Racquet and Tennis Sneakers(non-marking)

We do have racquets available for purchase in our pro shop

3. Proper Tennis Attire

Junior boys and girls should wear appropriate tennis attire:

Boys: T-shirts and collared shirts are acceptable along with tennis shorts with pockets. No tank tops are accepted on-court. Neither inappropriate language nor art is acceptable on any shirt. Slightly dropping one's shorts revealing one's boxers is not acceptable.

Girls: T-shirts and collared shirts are acceptable along with skirts or shorts. No sports bras are acceptable unless an appropriate top is covering it. Neither inappropriate language nor art is acceptable on any shirt. Tennis skirts and shorts can be worn, but rolling them down to shorten them is not acceptable.

4. Hat or Visor

Wearing a hat or visor for protection from the sun is encouraged.

5. Bathing Suit and Towel for Junior Development and younger AT Campers

We also request your child bring a bathing suit and towel, as swimming is daily. Because of the extensive schedule, most AT students may not have time to swim.

6. Extra pair of socks

7. Extra Top

8. Banana or healthy snack for mid-morning break

9. Backpack

Bring a backpack or tennis bag to store these items.

10. Water Jug

Students can bring a water jug daily filled w/ water, sports drink and ice to Villanova University. **Make sure your child's name is inscribed on the jug with an indelible marker.** (The jug can be refilled during lunch break).

11. Lunch is provided